

Boot Camp on the Beach
N. 6th St. and the Beach
Tuesdays and Saturdays at 7 a.m.

and

Training at the Fitness Park
located adjacent to Town Hall
By appointment only

\$15 per person/class. PayPal, Venmo, or Cash
Instructors: Mel and Kim Royster

Must pre-register to attend:
www.thefitnesscraze.com

410-533-0068

Kim@thefitnesscraze.com

For more information (summer 2020 schedule, changes & updates)
visit website, Facebook page, or call or email Kim

Yoga on the Beach
S. 3rd St. and the Beach
Friday through Tuesday at 8 a.m.

All levels welcome!

Pay what you can.

Venmo: @Debbie-Finger

PayPal: dddrn@yahoo.com

Zelle: 315-807-8052

or Cash

Instructor: Debbie Finger

Questions?

Contact Debbie by email, text, or call:

dddrn@yahoo.com

315-807-8052